

DHSS 3K/5K WELLNESS WALK

3 CAMPUS LOCATIONS

 **SUSSEX: Stockley Center**

 **KENT: Big Oak
County Park**

 **NEW CASTLE:
Herman Holloway**

*Walk Postponed
***New Rain
Date May 20th*

SELF-CARE VENDOR SCAVENGER HUNT

Get your
SELF-CARE MAP
stamped by each
participating vendor along
the walk and earn

**5 RAFFLE
TICKETS!!**

**CELEBRATE
SELF-CARE!
TRAUMA
AWARENESS
MONTH 2025**

 **WIN PRIZES**

 **WALK "ON THE CLOCK"**

NEW RAIN DATE 5/20

Registration Required!!

Visit: <https://www.signupgenius.com/go/10C0F4DA4AA2AAAFDC16-56299826-dhss>

**walk 3K GET
1 RAFFLE TICKET!**

**walk 5K get
2 RAFFLE TICKETS!**

**wear a TIA T-Shirt
get 1 RAFFLE TICKET!**