



#TEAMLDH EVENTS

JANUARY 2024



Wear teal in honor of cervical cancer every Wednesday of this month!

ALL MONTH

**JANUARY
9**

**JANUARY
16, 17, 22**



**JANUARY
18**

**JANUARY
22**

**JANUARY
24-31**

**JANUARY
29**

**JANUARY
31**

**JANUARY
31**

BE MORE IN 2024

Start your year off right as we kick off Wellness Month! Check out the calendar [here](#).

MICROSOFT EXCEL LUNCH & LEARN WITH CONNIE

Join Connie Lanier at 1 p.m. to learn how to take full advantage of all that Microsoft Excel has to offer. Register [here](#).

FOOD TRUCK FESTS - REGIONS 5, 6, 4, 2

Jan. 16, Region 5: Regional office (2827 4th Ave. Suite 100, Lake Charles) from 11 a.m. to 1 p.m.

Jan. 16, Region 6: Dunbar Plaza parking lot on Parliament Drive (3600 Jackson St., Alexandria) from 11 a.m. to 1 p.m.

Jan. 17, Region 4: Brandywine Building parking lot (825 Kaliste Saloom Road, Lafayette) from 11 a.m. to 1 p.m.

Jan. 22, Region 2: St. Joseph Cathedral parking lot across from the Bienville Building from 11 a.m. to 1 p.m.

WELLNESS LUNCH & LEARN WITH OBH

Join OBH at 1 p.m. for an interactive session on wellness and self-care for 2024. Register [here](#).

MICROSOFT EXCEL PART 2, WITH CONNIE

Join Connie Lanier at 1 p.m. to learn **even more** tips & tricks on how to take full advantage of all that Microsoft Excel has to offer. Register [here](#).

PURCHASE LDH APPAREL

Visit www.ldhstore.com to pick out your favorite LDH items and use your regional code at checkout. Regional codes are only valid from **January 24 until February 2** and are in the following format: Region 1 = "region1" Email LDH-EETHelpdesk@la.gov with any questions.

HOW TO TAKE QUALITY PICTURES WITH BMAC

Join with BMAC at 1 p.m. as they teach us simple tips and tricks on taking social media-worthy pictures with just your smartphone. Register for the Lunch and Learn [here](#).

BLOOD DRIVE

In honor of National Blood Donor Month, save lives by donating blood from 10 a.m. to 1 p.m. in the Vitalant Bloodmobile parked in the St. Joseph Cathedral's parking lot. Please bring identification. Walk-ins welcome. Register at www.donors.vitalant.org - use Departmentofhealth.

CERVICAL CANCER LUNCH & LEARN

Learn more about cervical cancer symptoms, treatments and much more from OBGYN, Dr. Pamela Lewis today at 1 p.m. Register [here](#).

